



**CASTrips**

*Creativity,  
Activity,  
Service*

Peru Itinerary  
7-day CAS Trip



# CAS Trips

## CAS Trips Peru, 7-Day Itinerary

### **About Machu Picchu**

No trip to Peru would be complete without a visit to the most remarkable archaeological site on the planet. Machu Picchu not only conjures up a feeling of wonder and awe in everyone who visits, its spellbinding history gives us a peek into a way of life dating back to the 15th century. This ancient city was never revealed to the conquering Spaniards and was virtually forgotten until the early part of the 20th century. Today, visitors climb through the clouds in the Sacred Valley to this magical Inca citadel situated on a mountain ridge 2,430 metres (7,970 ft) above sea level. Thanks to our expert local guides, students will experience what it is to live like an Inca by exploring Machu Picchu on foot. Our early morning hike is a unique experience in itself and leave everyone with a sense of reward once they catch a first glimpse of this iconic site.





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## **How students will help protect cultural heritage in the Sacred Valley**

It's almost impossible not to have heard of Machu Picchu. Known to be one of the world's wonders, this Inca settlement attracts hordes of visitors each day (often more than 5,000!).

While this remarkable site might tantalize the senses and pull at the heartstrings the reality is that its popularity boom has had negative effects on the environment and communities close by and cultures far away.

In order to demonstrate to students that our presence and travel choices have long-lasting impacts, we help them immerse themselves into fascinating cultures that have ties back to the Incas and beyond.

Thanks to CAS Trips' alliances with local Quechua communities, students live the life of a local by cooking, weaving and even building houses in traditional methods.

In a community close to Pisac, students enjoy a unique homestay experience where they will be set challenges to be tackled in teams and with locals too.





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After our visit to Machu Picchu, they will visit a village whose way of life was on the brink of extinction after this tourism boom and a natural disaster. Today, thanks to a women-led initiative, old weaving techniques and economic viability have returned to this colorful village. Students will get to hear the heart-rendering story of these indigenous women as well as taking part in workshops whereby they weave and dye clothing using traditional methods.



As well as these two visits, our expert staff will guide demonstrate to students how to consume responsibly in terms of the food they eat and the products they buy. All of our activities are based on supporting local enterprises and minimizing the negative effect on the environment.



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Have questions or need further information?

## Get in touch



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