



# Explorama Lodges

Exploraciones Amazónicas S.A.

Box 446 - Iquitos Perú

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www.explorama.com

Tel:(51-65) 25-3301

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## Nido de Aguilas Student Itinerary

### Day 1 - IQUITOS HOTEL

Arrival in Iquitos, transfer and short city tour on the way to the Hotel. For dinner you will walk to the Plaza de Armas and along the "Boulevard" a pedestrian walkway bordering the Itaya River, one of the three rivers surrounding the city of Iquitos, on the way to dinner at "La Rustica".

Dinner

Overnight Hotel

### Day 2 - IQUITOS - ACTS

Reception at the hotel and transfer to the Explorama dock. Boat excursion down the Amazon and up the Napo River to the Amazon Rainforest Reserve and ExplorNapo Lodge (3 hours). After lunch at ExplorNapo you will visit the ReNuPeRu Ethnobotanical Garden where over 240 species of medicinal and useful plants are tended by a shaman and his assistants. The shaman will explain many of the local uses of these plants and the spiritual healing that is practiced together with the medicines derived from the plants. After visiting the garden you will walk through primary rainforest to ACTS, Amazon Conservatory of Tropical Studies.

Breakfast (hotel), Lunch, Dinner

Overnight ACTS

### Day 3 - ACTS

Before breakfast, you will hike to the Canopy Walkway, a suspended bridge spanning 500 meters, connected by tree platforms and reaching a height of over 35 meters above the forest floor. Here there is time to observe a part of the rainforest rarely seen by man but accessible without any type of climbing skill or equipment. Your guide will discuss the importance of light in the battle for growth of the trees and how the plants must adapt to the very different environments on the forest floor and at the top of the canopy. Afternoon hike on the Medicinal and Useful Plant Trail where your guide will explain the local uses of the many trees, shrubs, flowers and other plants you will encounter on the trail. This trail is in terra firme, in part of the forest that is not flooded even during the season with the highest water levels in the river. In the late afternoon, you will revisit the Canopy as this is the time of day when mixed flocks of birds return to roost for the night, you will also have a chance to see the sunset from the Canopy. After

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dark you will return to the forest to see the incredible phosphorescent fungi along the trail at night.

**Breakfast, Lunch, Dinner**

**Overnight ACTS**

## **Day 4 - ACTS - EXPLORAMA LODGE**

After breakfast you will walk to ExplorNapó and board boats to visit a blackwater oxbow lake formed when water from the Napo River became separated from the main flow of the river. These lakes are incredibly serene and beautiful with water so dark that like a mirror they reflect back the color of the sky making it look blue on a clear day. You may see the elusive Hoatzin bird, a prehistoric-looking bird that is born with claws at the end of its wings. Hoatzins often inhabit the shores of these lakes. After lunch at ExplorNapó you will continue by boat further down the Sucusari Stream to a Maijuna village. This Maijuna community and 3 others are responsible for the care of the Maijuna-Kichwa reserve of almost 1,000,000 acres of rainforest. They will take you on a tour of their cultural center where they will tell you about their history, their reserve and explain productive projects in their village like the raising of stingless bees for honey. The community is working with investigators on projects like a huge insectivorous bat house and a camera trap project to identify mammals in the reserve. After visiting the Maijuna, you will board boats to travel down the Napo River where you will pass the town of Francisco de Orellana, where a statue is erected to the intrepid explorer who in 1542 at the mouth of the Napo River became the first European to see the Amazon River. You will then continue up the Amazon River to Explorama Lodge located on a small tributary. There will be an evening hike in the low forest around Explorama Lodge to spot for katydids and tarantulas, both active in the forest after dark.

**Breakfast, Lunch, Dinner**

**Overnight Explorama Lodge**

## **Day 5 - EXPLORAMA LODGE**

Morning boating excursion to a neighboring river community and school where the people called "ribereños" do not have luxuries like electricity, running water or stores. Your guide will show you how their simple way of life is dominated by the river's movements and the rainforest that surrounds them. In the afternoon there will be a boating excursion along the Amazon and an opportunity for fishing with nets and simple cane poles to see some of the incredible diversity of fish in the

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Amazon River where more species exist than in the entire Atlantic Ocean. With luck you will catch a piranha to see this famous Amazonian dweller and have an opportunity to try one for dinner!

**Breakfast, Lunch, Dinner**

**Overnight Explorama Lodge**

## Day 6 - EXPLORAMA LODGE

In the morning our neighbors from the indigenous Yagua community of Palmeras will come to the lodge to show you many of their skills for living in the rainforest. One of the elders will show you how blowguns are made and used, a group of women will show you how bags can be dyed with natural dyes and woven from palm fibers, you will see how fish nets are woven and paddles carved from trees as well as sampling some of the local foods. In the afternoon there will be a boating excursion along the Amazon to search for either of the two species of freshwater dolphin, pink and gray, which are found in the river. You will also be spotting for sloth in cecropia trees and large iguanas that also rest on tree limbs.

**Breakfast, Lunch, Dinner**

**Overnight Explorama Lodge**

## Day 7 - EXPLORAMA LODGE - IQUITOS

In the morning there will be a walk along the lodge's "Monkey Trail" where if you are quiet and lucky you may find poison dart arrow frogs, squirrel monkeys or marmosets as well as the incredible diversity of rainforest plants and trees. In the afternoon you will travel by boat back to Iquitos and by bus to the airport for your flight returning to Lima.

**Breakfast, Lunch**

Due to the everchanging nature of the rainforest, day-by-day activities may vary in order due to weather, trail or river conditions.



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## Climate & Seasons

A unique feature of the rainforest surrounding Iquitos is its lack of a specific rainy or dry season. There is a high water period from December through May which is caused by the melting of snow as the Andean summer begins and from the rainy season in the upper jungle. The low water period begins in June and ends with the rising waters in November. While the water level can fluctuate more than 45 feet, the warm and humid climate remains relatively constant throughout the year, giving this area its botanical category of "Everwet Tropical Forest". Normal daytime highs are 88°F and nighttime lows are 72°F.

## What to Pack

Keep your baggage to a comfortable minimum. Without fail, bring a valid passport. Pack light, drip-dry cotton or safari clothing, including one long-sleeved shirt and sweater. Hiking shoes or sneakers, (jungle trails are frequently muddy), plastic raincoat or poncho. Include insect repellent, toilet articles, sunglasses, sunscreen, a wide brimmed hat, binoculars and small flashlight or head lamp for reading, flip flops, extra socks.



And finally, don't forget a camera to capture the memories of your Amazon Adventure. For those who want to stay in touch with home, we have "Free WiFi Internet access" for your laptop in the public areas of the three main lodges (Ceiba Tops, Explorama Lodge and ExplorNapó Lodge).

In the lodges there is limited 220V current available for charging batteries during certain hours of the day. Most current electronics (e.g. laptops, cameras, cell phones, IPOD) can be safely charged using 220 current, but please check your owner's manual first.

Each guest may take 15Kg or 33lbs of luggage with them on the boats to the lodges. If your luggage weighs more than this amount, plan on storing the extra in Iquitos in the Explorama office in our secure storage area until your return.

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Guides: <http://www.explorama.com/guides.php>

Incluye:

- Traslado desde/al aeropuerto de Iquitos
- 1 noche de alojamiento en la ciudad de Iquitos
- Cena y desayuno en la ciudad de Iquitos
- Viaje por Río a los albergues
- Alojamiento en los albergues
- Todas las comidas en los albergues
- Leche, infusiones y café en las comidas
- Tours guiado por especialistas
- 1 Médico en todo el recorrido junto con el grupo
- 1 USB con fotos del viaje

**NO** Incluye: Boleto aéreo, ni extras.

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