

# TRAVESIA NEVADOS DE CHILLAN-SHANGRILA 2018

**General objective: Improve and strengthen linkages developing** skills relational, exposing them to challenges in the big outdoors in a place where nature is displayed in all its glory to learn to co-exist with our environment in harmonious and sustainable way.

## **Specific objectives:**

1. Strengthen the self-esteem, personal identity and confidence in coexistence with natural spaces and their community.
2. Rating to humans and all living beings through the valuation of natural areas.
3. Raise awareness about climate change and the consequences for all living beings
4. To embroidery respect, protection and conservation of biological and cultural diversity of the world now and in the future.
5. Develop awareness for the environment and the responsibility of the world in which we live in.
6. Relate autonomy and personal freedom with responsibility and leadership.
7. Learn sustainable practices to put in practice in daily life
8. Validate perseverance and compliance as skills for success in the professional, personal and community life.
9. Valuing love, as a way to interact better and be happier, as last end of our relational life, valuing and preserving the natural and social environments that enable us to be happy.
10. Develop the skill of effective listening to it self, others and the environment, to work in team and in coordination with others, observing and listening the environment where we operate.
11. Understand and incorporate the 7 principles of the leave No trace ethic, to live sustainably with natural areas..
12. Propose a work style based on cooperation and collaboration in order to strengthen linkages and strengthen skills for team work.

**Description:** This experience was designed especially for young people between 15 and 18 years, always thinking in the cognitive, emotional, and physical process. At this stage, we carry out activities where students can interact with others and their environment in a good way and to achieve goals together. We work theoretical content associated with each level and always strengthening our transverse focus wich is based on transverse objectives (FTO), based on the universal value of love and sustainability both in relationships with oneself, others and the environment. In this experience, sustainability and biodiversity are the centerpieces of the experience. We understand sustainability, not only from the conscious use of natural resources but also from our relationships and the way in which we face our environment and the world.

Therefore, that in this program, we combine the training of relational skills through the development of a sustainable culture in the broadest sense of the word. And what better place than the northern part of the newly declared NEVADOS DECHILLAN-LAGUNA DEL LAJA. BIOSPHERE RESERVE by Unesco. This place has an exceptional biodiversity, as well as being the northernmost place where we found Huemul. This area seeks to preserve this specie and all the species associated with this ecosystem.

We develop activities suited to the students physical capacity, such as trekking, water activities requiring a high mobility, horseback riding, bike, mountaineering, games and night activities, outdoor challenges, among others, so that excessive fatigue does not impair or affect their learning experience.

## ITINERARY

### Day 1 - Monday 05 November: dome Los Pellines

**Goal of the day:** Reconnect with past experiences and integrate new students. Loosen the environment in favor of experience

TIME	ACTIVITY	EDUCATIONAL COMPONENT
16:00	Arrival at Empedrado. Local buses transportation to Pellines.	This day's activities are designed to contextualize the work to be carried out on the experience. This context built from an emotional and technic-educational area. This allows you to develop the most of the educational and cross-cutting objectives posed previously for the program.
17:00	Welcome to Domos Los Pellines Integration activities	
18:00	Introduction Travesia 2018 teams, distinctive delivery	
19:30	Once-cena	
21:00	"Puente de las miradas" activity	
22:00	Team meeting. Coordinators choice	
23:00	Bed time	

### Day 2 - Tuesday 06 November: Domos Los Pellines

**Goal of the day:** Training techniques and skills for the development of the travesia, where responsibility will be the centerpiece.

TIME	ACTIVITY	EDUCATIONAL COMPONENT
07:30	Wake up. Showers	
08:30	morning greeting ritual by teams	It helps out to build identity on each team, to develop skills towards teamwork and leadership.
09:00	Breakfast	
10:00	Bitacora give out travesia 2018	It allows students to have a support of the content and general guidelines of the travesia.
10:30	Team Meeting . specialists Choice	Promoting listening and conversation
11:00	technical workshops for everybody 1. Backpack-Clothing 2. Visit Pellines Waterfall 3. Team challenge: the Pentagon  2 rotations	1: Give students the basics outdoors life associated to individual protection through personal equipment. 2: Motivate and unite the teams to strengthen them through an intense experience, working autonomy and responsibility. 3: Validate compliance and perseverance as an indicator of success.
13:30	Lunch	
14:30	last rotation	
15:30	TRAINING SPECIALTIES Camp - food and hydration - health and safety - planning	To train students to become specialists in the various travel requirements, ensuring that each one comply with a specific role.
16:30	free & freak	It allows distension and recreation to regain forces and continue with the day.
17:30	Workshop of personal sustainable practices. The 7 principles of the ethics of not working leave trace.	Install practices associated with environmental sustainability in the students, Strengthen the concept of environmental responsibility led to concrete actions in everyday life.
18:30	Team Meeting "Purchase" of common equipment and preparation and checking of equipment and personal clothing and gear.	Emphasize the responsibility of each of the members of the team Promote cooperation and collaboration. Install listening as a relevant skill for team work.
20:00	dinner	
21:00-22:00	Travesia Party 2018	Promote celebration as an important part of a well done work, promoting a spirit of joy and companionship for the development of the trip.

**Day 3 - Wednesday 07 November: section I: Pellines- high Camp**

**Goal of the day:** Work transversely on the objectives of the program

TIME	ACTIVITY	EDUCATIONAL COMPONENT
06:30	Wake up. Showers and WC staff	
07:30	morning greeting ritual by team	It helps out to build identity on each team, to develop skills towards teamwork and leadership.
08:00	Breakfast	
09:00	Output at the travesia - out group Ritual.	
	Subsection A: Pellines-Pelado de piedra Workshop on route (TER): change of the native flora in route  This subsection is performed in mode horseback riding and support vehicles.	The student can identify different tree species associated with factors such as altitude, soil type, climate.
12:00	Arrival to Pelado de Piedra. snack time Transfer load from support vehicles to horses  Subsection B: pelado de Piedra- high Camp  This subsection is in mode trekking and horseback riding	Transverse objectives during the experience
13:30	Exit to continue trip	
17:30	Arrival estimated at high camp Set camp - dinner	
19:30	Team meeting. New coordinators choice	
20:00	Astronomy workshop - associated to the ancient cultures of the world. Group activity	The student can identify the most noticeable constellations and relate them to ancient civilizations.
21:00	Rest	

**Day 4 - Thursday 08 November: travel section II: camp high-Shangrila**

**Goal of the day:** Work transversely the objectives of the programme "enroute".

Validate compliance as an engine of personal, relational, professional and community success and perseverance.

TIME	ACTIVITY	EDUCATIONAL COMPONENT
07:00	Raised and grooming	
07:30	By team morning greeting ritual	It helps out to build identity on each team, to develop skills towards teamwork and leadership.
08:00	Breakfast and break down camp.	
10:00	Output section II - Group departure Ritual.	
	Subsection A: camp high - Waldorff refuge Workshop on route (TER): environmental sustainability and biodiversity of the Nevados de Chillán-Laguna del Laja biosphere reserve  This subsection is performed hiking mode.	The student will recognize the environmental value of the site that we are going to visit, deepening on its biodiversity.
12:00	Arrival at refuge Waldorff. Rest and snack time  This subsection is in trekking category	Transverse objectives during the experience
13:30	Exit subsection B:waldorff - Shangrila	
17:30	Arrival estimated at Shangrila Set up camp - of dinner	
19:30	Team meeting. new coordinators choice	
20:00	Bonfire	Sharing impressions of the journey, encouraging conversation, listening and respect
21:00	Rest	

**Day 5 - Friday 9 November: travel section II: Shangrilá - Los Pellines**

**Goal of the day:** Work transversely the objectives of the program.

Validate compliance and perseverance as an engine of personal, relational, professional and community success..

TIME	ACTIVITY	EDUCATIONAL COMPONENT
07:00	Wake up	
07:30	morning greeting ritual By team	It helps out to build identity on each team, to develop skills towards teamwork and leadership.
08:00	Breakfast and camp break down	
10:00	Output section II - Group departure Ritual.	
	Subsection A: Shangrila - Recinto	Transverse objectives during the experience
	This subsection is done in bike mode and support vehicles.	
12:00	Arrival to Recinto Rest and snack time	
13:30	Output subsection B: Recinto- Los Pellines Workshop on route (TER): climate change and effects on everyday life.	Students will understand the environment as an interconnected whole and responsibility within this system.
17:30	Arrival estimated to Los Pellines Welcome in domes Showers Recognition of equipment and order	Students can celebrate their achievement and work done after the effort and perseverance on the development of the experience.
19:30	Final dinner	
20:00	travesia closure	Share impressions and learnings of the trip, encouraging conversation, listening and respect.
21:00	Rest	

**Día 6- Saturday 10 November: Trip Los Pellines – Santiago**

TIME	ACTIVITY	EDUCATIONAL COMPONENT
06:30	Wake up. Showers and WC staff	
07:30	Breakfast	Build identity teams to develop.
09:00	Trip Los Pellines – Empedrado - Santiago	