**TRAVESIA NEVADOS DE CHILLAN-SHANGRILA 2019**

**General objective: Improve and strengthen linkages developing** skills relational, exposing them to challenges in the big outdoors in a place where nature is displayed in all its glory to learn to co-exist with our environment in harmonious and sustainable way.

**Specific objectives:**

1. Strengthen the self-esteem, personal identity and confidence in coexistence with natural spaces and their community.

2. Rating to humans and all living beings through the valuation of natural areas.

3. Raise awareness about climate change and the consequences for all living beings

4. To embroidery respect, protection and conservation of biological and cultural diversity of the world now and in the future.

5. Develop awareness for the environment and the responsibility of the world in which we live in.

6. Relate autonomy and personal freedom with responsibility and leadership.

7. Learn sustainable practices to put in practice in daily life

8. Validate perseverance and compliance as skills for success in the professional, personal and community life.

9. Valuing love, as a way to interact better and be happier, as last end of our relational life, valuing and preserving the natural and social environments that enable us to be happy.

10. Develop the skill of effective listening to itself, others and the environment, to work in team and in coordination with others, observing and listening the environment where we operate.

11. Understand and incorporate the 7 principles of the leave No trace ethic, to live sustainably with natural areas..

12. Propose a work style based on cooperation and collaboration in order to strengthen linkages and strengthen skills for team work.

**Description:** This experience was designed especially for young people between 15 and 18 years, always thinking in the cognitive, emotional, and physical process. At this stage, we carry out activities where students can interact with others and their environment in a good way and to achieve goals together. We work theoretical content associated with each level and always strengthening our transverse focus which is based on transverse objectives (FTO), based on the universal value of love and sustainability both in relationships with oneself, others and the environment. In this experience, sustainability and biodiversity are the centerpieces of the experience. We understand sustainability, not only from the conscious use of natural resources but also from our relationships and the way in which we face our environment and the world.

Therefore, that in this program, we combine the training of relational skills through the development of a sustainable culture in the broadest sense of the word. And what better place than the northern part of the newly declared NEVADOS DECHILLAN-LAGUNA DEL LAJA. BIOSPHERE RESERVE by UNESCO. This place has an exceptional biodiversity, as well as being the northernmost place where we found Huemul. This area seeks to preserve this specie and all the species associated with this ecosystem.

We develop activities suited to the students physical capacity, such as trekking, water activities requiring a high mobility, horseback riding, bike, mountaineering, games and night activities, outdoor challenges, among others, so that excessive fatigue does not impair or affect their learning experience.

**ITINERARY**

**Day 1 - Monday 04 November: dome Los Pellines**

**Goal of the day:** Reconnect with past experiences and integrate new students. Loosen the environment in favor of experience

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| **TIME** | **ACTIVITY** | **EDUCATIONAL COMPONENT** |
| 16:00  | Arrival at Empedrado. Local buses transportation to Pellines. |  This day's activities are designed to contextualize the work to be carried out on the experience. This context built from an emotional and technic-educational area.This allows you to develop the most of the educational and cross-cutting objectives posed previously for the program. |
| 17:00  | Welcome to Domos Los PellinesIntegration activities |
| 18:00 | Introduction Travesia 2019teams, distinctive delivery |
| 19:30 | Once-cena |
| 21:00 | “Puente de las miradas” activity |
| 22:00 | Team meeting. Coordinators choice |
| 23:00 | Bed time |

**Day 2 - Tuesday 05 November: Domos Los Pellines**

**Goal of the day:** Training techniques and skills for the development of the travesia, where responsibility will be the centerpiece.

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| **TIME** | **ACTIVITY** | **EDUCATIONAL COMPONENT** |
| 07:30  | Wake up. Showers  |    |
| 08:30 | morning greeting ritual by teams | It helps out to build identity on each team, to develop skills towards teamwork and leadership. |
| 09:00 | Breakfast  |   |
| 10:00 | Bitacora give out Travesia 2019 | It allows students to have a support of the content and general guidelines of the travesia. |
| 10:30 | Team Meeting . specialists Choice | Promoting listening and conversation |
| 11:00 | technical workshops for everybody1. Backpack-Clothing2. Visit Pellines Waterfall3. Team challenge: the Pentagon 2 rotations | 1: Give students the basics outdoors life associated to individual protection through personal equipment.2: Motivate and unite the teams to strengthen them through an intense experience, working autonomy and responsibility.3: Validate compliance and perseverance as an indicator of success. |
| 13:30 | Lunch |   |
| 14:30 | last rotation |   |
| 15:30 | TRAINING SPECIALTIESCamp - food and hydration - health and safety - planning | To train students to become specialists in the various travel requirements, ensuring that each one comply with a specific role. |
| 16:30 | free & freak  | It allows distension and recreation to regain forces and continue with the day. |
| 17:30 | Workshop of personal sustainable practices.The 7 principles of the ethics of not working leave trace. | Install practices associated with environmental sustainability in the students,Strengthen the concept of environmental responsibility led to concrete actions in everyday life. |
| 18:30 | Team Meeting "Purchase" of common equipment and preparation and checking of equipment and personal clothing and gear. | Emphasize the responsibility of each of the members of the team Promote cooperation and collaboration.Install listening as a relevant skill for team work.  |
| 20:00 | dinner |   |
| 21:00-22:00 |  Travesia Party 2019 | Promote celebration as an important part of a well done work, promoting a spirit of joy and companionship for the development of the trip. |

**Day 3 - Wednesday 6 November: section I: Pellines- high Camp**

**Goal of the day:** Work transversely on the objectives of the program

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| **TIME** | **ACTIVITY** | **EDUCATIONAL COMPONENT** |
| 06:30 | Wake up. Showers and WC staff |    |
| 07:30 | morning greeting ritual by team | It helps out to build identity on each team, to develop skills towards teamwork and leadership. |
| 08:00 | Breakfast  |   |
| 09:00 | Output at the Travesia - out group Ritual. |   |
|   | Subsection A: Pellines-Pelado de piedraWorkshop on route (TER): change of the native flora in route This subsection is performed in mode horseback riding and support vehicles. | The student can identify different tree species associated with factors such as altitude, soil type, climate. |
| 12:00 | Arrival to Pelado de Piedra.snack timeTransfer load from support vehicles to horsesSubsection B: Pelao de Piedra- high Camp This subsection is in mode trekking and horseback riding |     Transverse objectives during the experience |
| 13:30 | Exit to continue trip |
| 17:30 | Arrival estimated at high campSet camp - dinner |
| 19:30 | Team meeting. New coordinators choice |
| 20:00 | Astronomy workshop - associated to the ancient cultures of the world. Group activity | The student can identify the most noticeable constellations and relate them to ancient civilizations. |
| 21:00 | Rest |   |

**Day 4 - Thursday 07 November: travel section II: camp high-Shangrila**

**Goal of the day:** Work transversely the objectives of the programme "enroute".

Validate compliance as an engine of personal, relational, professional and community success and perseverance.

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| **TIME** | **ACTIVITY** | **EDUCATIONAL COMPONENT** |
| 07:00 | Raised and grooming |    |
| 07:30 | By team morning greeting ritual | It helps out to build identity on each team, to develop skills towards teamwork and leadership. |
| 08:00 | Breakfast and break down camp. |   |
| 10:00 | Output section II - Group departure Ritual. |   |
|   | Subsection A: camp high - Waldorff refugeWorkshop on route (TER): environmental sustainability and biodiversity of the Nevados de Chillán-Laguna del Laja biosphere reserve This subsection is performed hiking mode. | The student will recognize the environmental value of the site that we are going to visit, deepening on its biodiversity. |
| 12:00 | Arrival at refuge Waldorff.Rest and snack time This subsection is in trekking category  |     Transverse objectives during the experience |
| 13:30 | Exit subsection B:waldorff - Shangrila |
| 17:30 | Arrival estimated at ShangrilaSet up camp - of dinner |
| 19:30 | Team meeting. new coordinators choice |
| 20:00 | Bonfire | Sharing impressions of the journey, encouraging conversation, listening and respect |
| 21:00 | Rest |                                        |

**Day 5 - Friday 8 November: travel section II: Shangrilá - Los Pellines**

**Goal of the day:** Work transversely the objectives of the program.

Validate compliance and perseverance as an engine of personal, relational, professional and community success..

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| **TIME** | **ACTIVITY** | **EDUCATIONAL COMPONENT** |
| 07:00 | Wake up |    |
| 07:30 | morning greeting ritual By team | It helps out to build identity on each team, to develop skills towards teamwork and leadership. |
| 08:00 | Breakfast and camp break down |   |
| 10:00 | Output section II - Group departure Ritual. |   |
|   | Subsection A: Shangrila - Recinto This subsection is done in bike mode and support vehicles. |   Transverse objectives during the experience |
| 12:00 | Arrival to RecintoRest and snack time  |
| 13:30 | Output subsection B: Recinto- Los PellinesWorkshop on route (TER): climate change and effects on everyday life.   | Students will understand the environment as an interconnected whole and responsibility within this system. |
| 17:30 | Arrival estimated to Los PellinesWelcome in domesShowersRecognition of equipment and order | Students can celebrate their achievement and work done after the effort and perseverance on the development of the experience. |
| 19:30 | Final dinner |   |
| 20:00 | travesia closure | Share impressions and learnings of the trip, encouraging conversation, listening and respect. |
| 21:00 | Rest |                                        |

**Día 6- Saturday 9 November: Trip Los Pellines – Santiago**

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| **TIME** | **ACTIVITY** | **EDUCATIONAL COMPONENT** |
| 06:30  | Wake up. Showers and WC staff |  |
| 07:30 | Breakfast | Build identity teams to develop. |
| 09:00 | Trip Los Pellines – Empedrado - Santiago  |  |