**RECOMMENDED GEAR TRAVESIA**

 Backpack for Hiking (60 lts max)

 Hand bag (for luggage left in the Lodge)

 Mummy Sleeping bag (-2º comfort or below)

 Clothes to sleep (pijamas, pullover, sweat pant)

 Personal hygiene articles (Shampoo, soap, deodorant, toothbrush and tooth paste)

 Sandals for shower

 Medium Microfiber Towel

 Headlamp and extra batteries

 2 Water bottles (500 cc), canteen or camel pack

Shoes or sport sneakers (for change)

Sport Sneakers for water (no crocs or soft sneakers)

 Third layer, waterproof trousers

 Third layer, waterproof jacket

 Hiking boots, waterproof (Gore-Tex)

 Socks (several for changing)

 (3) Trekking pants

 First layer pants

 Long sleeve shirts (breathable)

 Thermal fleece jacket

 Thermal cap

 Sun hat

 Swimsuit

 Notebook and pen

 Sun block SPF 40 or more

 Sunglasses with UV protection

 Trekking poles (optional)

 1 or 2 pairs of Gloves

 Plate, cup, fork, spoon (for camping)

**IMPORTANT:**

1. As much as possible all the luggage in a single large bag and in the Backpack for camp (35-50 Lt), (avoid suitcases).
2. We ask that you not send objects of value with the children.
3. It's advisable to send the children's belongings marked with their name.
4. Los Pellines is not responsible for the loss of valuables.
5. Avoid cotton and wool clothing.