



## Nido de Aguila - Week Without Walls Trek & Kayak North Patagonia

Trek in Northern Patagonia and Kayak on the Reloncaví fjord  
8 days/ 7 nights

During those 8 days, we invite you to discover, along with our professional guides team, the best of the Lake District in the Patagonian Andes of Chile. We begin with local hikes on the Osorno volcano and Alerce Andino National Park. Then we will trade our walking boots for kayaking paddle to navigate the Reloncaví fjord for a 2-day expedition before entering the deep old native forest in the TaguaTagua Park. Here we will walk in the forest of Alerce trees, Ulmo, and Lenca, some more than 2.500 years old. We will cross crystal clear rivers and admire great waterfalls. Get submerged in the landscapes of this beautiful Region.



### ITINERARY

#### SATURDAY, Nov 04: SANTIAGO / PUERTO VARAS

Flight from Santiago to Puerto Montt and land transfer to Puerto Varas. Upon arrival at your hostel, you will get a briefing of your next days in the region and prepare the equipment for the trip with your guide's assistance. Dinner at a local restaurant.

\*Educational Component: Reviewing the itinerary, you will have a map that will keep you aware of where we are going and the geography that we will discover on the following days.

#### SUNDAY, Nov 05: HIKE ALERCE ANDINO NATIONAL PARK

This morning we take the main road of Patagonia: "Carretera Austral" to reach a remote area of native rain forest conservation. The name of the National park and its emblem is the endemic tree Alerce (Fitz Roy), conifer of the family of the Sequoia; we will observe a specimen of more than 2000 years old. Our destination after a few hours of progressive rise is the "Laguna Triangular", embedded in the Coastal mountain range. This night we camp in a small community near Puerto Varas.

\*Educational Component: We will talk about the Leave No Trace principles when traveling in nature and camping.

#### MONDAY, Nov 06: VOLCAN OSORNO, PASO DESOLACION TRAIL

Our hike begins at 800 meters above sea level, on the base of the Osorno volcano. We begin with a light rise of 400m while circumventing the volcano and head down towards lake Todos Los Santos. During our 12-km walk, we will have spectacular sights of the Tronador and Puntagudo volcanoes, the snow-covered summits of the Andes, and the emerald waters of the lake. The name of this path "Paso Desolacion" or



“Desolation Path” refers to the low vegetation of lichens and shrubs (due mainly to altitude) that allow for a 360-degree panoramic view for most of the walk. We will camp on the side of the Lake Todos Los Santos.

\*Educational Component: Student will learn about Volcanic eruptions of the Calbuco (2015) and Osorno (1834) and the impact on the population of Ensenada.

#### TUESDAY, Nov 07: KAYAK FJORD RELONCAVÍ to COCHAMO

Our first day of kayaking will be a navigation on the fjord between the villages of Ralún and Cochamo for 17 km. On our way, we will be able to observe the Yates volcano and snow-covered mountains. It is likely that we will see dolphins and sea lions, main residents of the fjord. During lunch time, we will stop at a farm where the owners, a friendly local family, will share the magic of their sustainable lifestyle. From our kayaks, we will visit the village-relay of Cochamo.

\*Educational Component: Students will learn about the fundamentals sea kayaking skills: Parts of the kayak, the best way to paddle efficiently. Learning about the economy of the local relying on the salmon and mussel industries, but also their self-sufficiency and trades in the neighborhood.

#### WEDNESDAY, Nov 08: KAYAK RIO COCHAMO

On Cochamo’s river, a calm and pristine river coming from the Andes snow melting, we will increase our skills and kayaking techniques during the morning. In the afternoon, we will continue our navigation toward Puelo village. A small transfer of 25 km, will bring us to a cabin where we will sleep.

\*Educational Component: Learning a little more about sea kayaking skills: procedure in case of a capsizing and how to benefit the water currents during navigations.

#### THURSDAY, Nov 09: VALLEY PUELO - Parque TAGUA TAGUA

In the morning, we will take a transfer to reach emerald waters of lake Tagua-Tagua. With a 20-min motor boat ride, we will reach the entrance of the private park: a gorgeous 70-meter high waterfall. A walk of 8 km will bring us to a mountains refuge where we will sleep in dorms.

\*Educational Component: Talking about the forestry during the time of the first settlers and the new protections on Alerces, Ulmos and Araucarias trees.

#### FRIDAY, Nov 10: Parque TAGUA TAGUA to PUELO

We will keep exploring the valley, crossing waterfalls, and following a trail where trees become bigger and bigger (until 3000 years old specimens), we will reach the second refuge situated on the side of a glacier lagoon at lunch time. Then, we will walk down the valley, getting back to lake Tagua-Tagua where a driver will be waiting for us to return to the cabins in Puelo.

\*Educational Component: Learning about the geological formation of the region due to glacier path and tectonic movements.

#### SATURDAY, Nov 11: TRF PUELO to PUERTO MONTT Apt.

After breakfast, we will drive back to Puerto Montt Airport to catch your flight to Santiago.

PRICE per student: \$900.000CLP



## DETAILS

Trekking Total Distance:	53 Km
Sea kayak Total Distance:	30 km
Duration:	8 Days / 7 Nights
Night in Hostel, Cabins and Refuge:	4 Nights
Nights camping:	3 Nights
Level of difficulty:	Moderate 4 to 6 hours of daily physical activity
Pack weight:	5k/ 11lb (day pack)
Luggage capacity:	70 liter max.+ Daypack
Location:	Northern Patagonia, Lake District, and Puelo Valley
Meeting point:	Puerto Montt
End of the trip:	Puerto Montt
Departure:	Saturday, November 04 <sup>th</sup>
Group size:	Minimum 4 students, Maximum 10 students.

## CANCELLATION POLICY:

For cancellations, the total amount of the reservation is refunded except for the value of the plane ticket if it has already been purchased when it is made 20 days before the starting date of the trip.

Between 20 days and 7 days before the start date of the trip, 60% of the total value of the trip is refunded. After that date, there is no refund.

## INCLUDES:

Air tickets, emission cost and airport taxes From Santiago to Puerto Montt round trip.

All transport (land and boats)

All meals through the 8 days of activities (breakfast, lunch, dinner, and snacks)

All Lodging fees (1 x hostel, 3 x camping, 1 x refuge, 2 x Cabins)

Camping equipment: Tents for two people, sleeping mats, kitchen equipment, and tarp.

Kayaking equipment: Sea kayak wilderness system with rudder, life jacket, spray skirt, paddle, neoprene wetsuit and booties, all safety equipment and 1 dry bag x 20L /pers.

Professional First aid kit, VHF radio, maps, repair kit and satellite phone.

Bilingual guides, with Wilderness First Response accreditation and many years of experiences in long expeditions in remote areas.

Guide rate: 1 Guide per 6 participants.

Park entrances and fees

## NOT INCLUDED:

Personal equipment for camping such as:

Sleeping bag (0° C to -5°C)

Head light or hand light

Warm clothing

## GUIDES:

Alejandra Freunde:

Chilean naturalist guide with 13 years of experience.

Advanced knowledge in botany, geology, fauna and flora, ornithology and magnifying glass tourism (lichens, mushrooms and vegetable cover observation) in Chile.

Fluent in Spanish, French and English. Wilderness First Responder- Renovelled in 2017

Sea Kayaking 2 days' course- Safety and Rescues 2015



Jacynthe Boudreau:

Manager of JASS Puerto Varas.

Franco-Canadian, technically trained in adventure tourism in Québec, Canada.

Has been guiding for 12 years in the Chilean Lake District for international and national companies in sea kayaking, cyclotourism and trekking.

Speaks French, English and Spanish fluently.

Wilderness First Responder- Renouvelled in 2015 - First aid & CPR instructor - Sea kayaking instructor

#### TRANSPORTATION INFORMATION:

Flight: From Santiago to Puerto Montt airport

Land transport: By a mini-bus

Marine transport with sea kayak- Single and double kayaks Wilderness System with a rudder system. All safety gear will be provide: life jacket, spray skirt, neoprene botties, rope, pump, paddle float, etc.

#### HOTELS AND CAMPING INFORMATION:

Nov 04:

Hostal Marguya Patagonia

Purísima 681, Puerto Varas

+65-2237 695

Nov 05:

Camping Fundo La Poza Alta SN

Colonia Tres Puentes, Puerto Varas

Contacto Jass Puerto Varas +56 9 65906458

Nov 06:

Camping Esmeralda,

Petrohue, Comuna de Puerto Varas

Contacto: Señora Rosa +56 9 98392589

Nov 07:

Camping Campo Aventura- Riverside Cochamo

Cochamo km5

Contacto: Mike +56 9 92894318

Nov 08:

Cabañas Puelo Siempre Verde

Camino Internacional rio Puelo SN, Comuna de Cochamo

Contacto: Pablo Zuñiga + 56 9 76687308

Nov 09:

Refugio Alerce

Parque Tagua Tagua

Valle Puelo- Comuna de Cochamo

Región de Los Lagos +56 65 2234892

Nov 10:

Cabañas Puelo Siempre Verde

Camino Internacional rio Puelo SN, Comuna de Cochamo

Contacto: Pablo Zuñiga + 56 9 76687308